



# Monthly Business Goal Setting

Prayer & Journal Prompts  
by Coach Fideliz Cruz

Begin each business month by scheduling in quiet time to journal and pray about your business goals. As you prepare for this new season God has for you, listen in to God's guidance and ask Him to refresh the vision He has given you for your business. Use these prayer and journal prompts to get you started.

**What are my intentions for this month and new season of my business?**

*"Search my heart God and renew the right spirit within me. Help me to set my intentions according to your love, purpose and plan for my life and business."*

**What is God saying to me in this season in regards to my business?**

*"God speak to me about this new season in my business. I lean in Lord and wait for your instructions. Open my spiritual ears that I may hear with clarity. Confirmation and speak to me Lord about plans for my business."*

**What do I need to do to make sure that my business direction  
is aligned with God's vision?**

*"Lord refresh that vision you have given me, Continue to teach me to trust you for my business plans and direction. direct my steps Lord and show me the way."*

**What is that one word that God wants me to focus on this month?  
What does this mean for me?**

*"Lord give me specific word for this season. May it be a bible verse that I can refer to and meditate on through this journey or a specific word that you want me to focus on. Hearing from you is important to me and I want to be guided by you."*

**If the business is exactly how I want it, what would it look like?**

*"Lord help me to envision what you want for my business to look like this month. Speak to me in my dreams and show me in a vision. Help me see through the eyes of faith."*

**How do I want to feel when I'm working?**

*"Lord I want to honour you with my work. I know that you see my efforts and that you reward me with such great joy and fulfilment. Thank you for the abundance of opportunities and open doors for my business, Thank you for your peace that transcends all understanding. I trust in you."*

**How do I want others to feel when they engage with my work?**

*"Lord thank you that everyone that comes across my work will be blessed. Thank you that my work makes an impact and change in this world. I pray that you move in my business and that everyone I get to work with will see you and experience your love."*

**How am I authentically, confidently and consistently showing up for my business?**

*"Lord teach me to show up for my business in the most authentic way. I want to shine and not shy away from sharing all that you have given me. My confidence is in you Lord. Thank you for blessing me with opportunities and this platform to share my gifts and talents. Help me to be consistent as I show up as a woman called and anointed by you."*

**What is that one ultimate thing that I want to accomplish this month and why?**

*Lord, help me to be specific in this one thing that you want me to accomplish this month. Thank you for your guidance Lord. Show me what this would mean for my business and the people whom I'm serving"*

**What are my top 3 goals for this month and why?**

*Lord help me break down the main task for this month into 3 specific goals. Teach me how to achieve them, help me understand the why behind these goals and give me the strength to get them done."*

**What would it mean for me if I was to achieve these goals?**

*Lord continue to do a heart check on me, help me understand why I do what I do and why these goals are really important to me. I continue to abide in you and trust you every step of the way."*

**Having a healthy support system is really important as I build this business. How can I make sure that I have the right kind of people around me in this season?**

*"Lord thank you for connecting me with the right people. Thank you that you are a divine connector and that you are intentional about me. Thank you for gifting me with friendships and meaningful relationships that are Christ-centered and uplifting."*

**Who I spend the most of my time with matters.  
Who are my top 5 influencers this season and why?**

*"Lord thank you for surrounding me with amazing family and friends. Help me Lord to be conscious and intentional with who I surround myself with. Lord surround me with people who are faith-filled, those who will speak encouragement over my life and those who will pray for me."*

**Who do I need to call in (experts and professionals)  
to guide me through this season?**

*"Lord show me who I need to work with in this season in terms of experts and professionals. I know that there are no coincidences and only intentional blessings from you. I thank you now for the open doors where you will connect me with the right person who you will use to help me in this season."*

**What are the mindsets that are holding me back from moving forward in my  
business & how am I going to overcome them?**

*"Lord please show me those mindsets that might be holding me back from moving forward in my life and business. Let me be transformed by the renewing of my mind through your word. Teach me to replace these mindset for a kingdom mindset and one that longs to honour and please you. Thank you Lord that we are overcomers and victorious through you."*

**My actions are the evidence of my faith.**

**How am I trusting God for this season and How am I activating my faith?**

*"Lord thank you for giving me such a big vision for this business. Truly I won't be able to achieve this without you and so Lord I am in complete trust and I'm depending on you. Show me how I can activate my faith through action and to walk in courage and confidence in you."*

**What are the 3 mini action steps I can start on this week?**

*"Lord please help me break down my goals into small action steps. Give me the wisdom, tools and strength to be able to accomplish these tasks."*

**How am I going to celebrate when I achieve this months goals?**

*"Thank you Lord for this new season, thank you for this business vision that you've given me, thank you that you will cause me to prosper in all that I do. Thank you for your favour and blessings over my life and business. I rejoice, thank you and praise you even now for all of these things! Glory belongs to you Lord, Thank you for answering my prayers, In Jesus name, AMEN"*